

## Club Hours

Monday-Friday 6:00 a.m.--- 8:00 p.m.  
 Saturday 9:00 a.m. --- 4:00 p.m.  
 Sunday 11:00 a.m.--- 4:00 p.m.

**WALK-IN CLASS FEE: 12.00 + tax**

Swim Lessons Ongoing....

**ASK AT THE FRONT DESK!**



## Pool Schedule

Effective 12/01/2018  
 435 Argyle Ave, P.O. Box 1280,  
 Friday Harbor, WA 98250  
 (360)378-4449  
[Info@SanJuanIslandFitness.com](mailto:Info@SanJuanIslandFitness.com)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim 6:00 a.m. to 11:00 a.m.	Lap Swim 6:00 a.m. to 3 p.m.	Lap Swim 6:00 a.m. to 11:00 a.m.	Lap Swim 6:00 a.m. to 3 p.m.	Lap Swim 6:00 a.m. to 11:00 a.m.	Lap Swim 9:00 a.m. to 12:00 a.m.	Lap Swim 11:00 a.m. to 12:00 a.m.
			SSIS 10:00-10:40a.m. 2 Lanes			
Water Walking w/Kathy 11:10 a.m. to 12:20 p.m. Whole Pool	Aqua Zumba w/ Alejandra 11:00a.m. to 12 noon 3 Lanes	Water Walking w/Kathy 11:10 a.m. to 12:20 p.m. Whole Pool	Aqua Zumba w/Alejandra 11:00a.m. to 12 noon 3 Lanes	Water Walking w/Kathy 11:10 a.m. to 12:20 p.m. Whole Pool		
Lap Swim 12:30 to 3:00 p.m.		Lap Swim 12:30 to 3:00 p.m.		Lap Swim 12:30 to 3:00 p.m.	Family Swim 12:00-1:30 p.m. Lifeguard on duty. Lap swimming subject to Lifeguard approval	Family Swim 12:00-1:30 p.m. Lifeguard on duty. Lap swimming subject to Lifeguard approval
				SSIS 1:20-3:00p.m. 2 Lanes		
Family Swim 3:00-4:30 p.m. Lifeguard on duty.	Swim Team 3-5:45 whole pool	Swim Team 3-5:45 whole Pool	Swim Team 3-5:45 whole pool	Family Swim 3:00-4:30 p.m. Lifeguard on duty.		
		Results/ReBOOT 5:45 - 6:30pm (2 Lanes)		Swim Lessons 4:30-5:30p.m. 2 Lanes		
		Lap Swim 5:45 to 7:30 p.m.				
Lap Swim 4:30 to 7:30 p.m.				Lap Swim 4:30 to 7:30 p.m.	Lap Swim 1:30 p.m. to 3:30 p.m.	Lap Swim 1:30 p.m. to 3:30 p.m.
Water Aerobics 5:30 p.m. to 6:30 p.m. Self -led (2 Lanes)	Family Swim 5:45- 7:00 p.m. Lifeguard on duty. Lap swimming subject to Lifeguard approval	Water Aerobics 5:45 p.m. to 6:30 p.m. Self -led (2 Lanes)	Family Swim 5:45-7:00 p.m. Lifeguard on duty. Lap swimming subject to Lifeguard approval	Water Aerobics 5:30 p.m. to 6:30 p.m. Self -led (2 Lanes)		
Pool And Spa Close at 7:30 p.m.	Pool And Spa Close at 7:30 p.m.	Pool And Spa Close at 7:30 p.m.	Pool And Spa Close at 7:30 p.m.	Pool And Spa Close at 7:30 p.m.	Pool And Spa Close at 3:30 p.m.	Pool And Spa Close at 3:30 p.m.

in the pools unless there is a lifeguard on duty NO EXCEPTIONS

ASK ABOUT MIRACLE SWIMMING LEAD BY SUSAN W. 7:00 to 8:30pm

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